

Pathway to Cultural Accreditation

Presbyterian Support staff achieve cultural competency

One of our organisation's goals is to ensure mana whenua is recognised and partnerships are developed with iwi, marae and Māori providers. To do this, and to bring our values to life, we established Te Rauemi Atawhai (TRA) - our cultural framework. CEO Barry Helem says that bringing our values to life "is an aspirational journey that is reflected in the mahi we do every day. We will be an organisation that 'walks the talk' and demonstrates integrity and credibility as a true partner with Māori in our community."

We're delighted that eight staff have already completed their Cultural Accreditation with several more to undertake theirs in the next month.

the organisation to achieve the recognition, alongside one of our Family Works team members, Chloe Kinajil.



To meet the requirements of Te Rauemi Atawhai, staff learn about New Zealand's indigenous heritage, customs, and responsibilities to Te Tiriti o Waitangi, as well as the basics of Te Reo. They are assessed on their competency by our Kaiārahi, Kim Manahi, based on three key standards/pou.

Once cultural accreditation is achieved, staff are presented with a taonga (pounamu necklace) at a special ceremony/ He Whakanui, to celebrate their achievement.



Our very own CEO, Barry Helem became one of the first in

Mā te kōtahitanga e whai kaha ai tātou – in unity we have strength.

From our CEO



Whilst there has been a shift in attitudes towards New Zealand's indigenous culture, there is still much progress to be made.

At Presbyterian Support, Māori culture has been woven into our everyday lives through our values, and we're committed to showing our understanding through our people participating in a cultural accreditation process.

We're thrilled that so many of our staff have taken the opportunity to gain cultural accreditation and we look forward to seeing where this journey will take us.

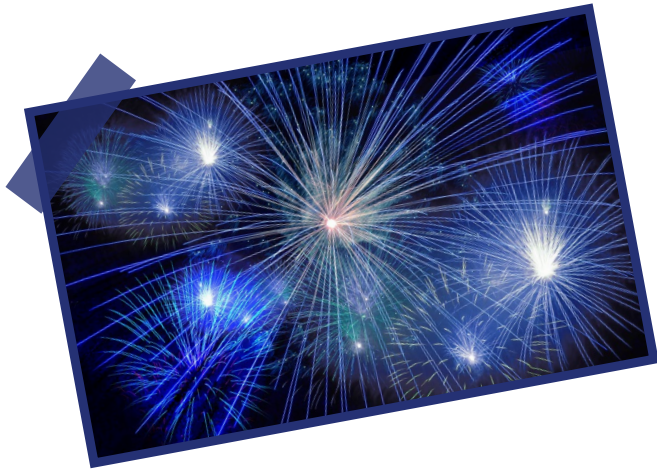
In May, we were deeply saddened to learn of the passing of Presbyterian Support's Kaumātua, Dame Aroha Reriti-Crofts. Dame Aroha had a long association with our organisation and her passing is a huge loss. She will be greatly missed.



Barry Helem

our services

Matariki - Friday 24 June



Māori New Year acknowledged with its first public holiday

June saw a milestone for Māori culture in the celebration of Matariki as a public holiday.

There are about 1000 stars/whetū in the Matariki cluster, but only nine stars (The Nine Stars of Matariki/Te iwa o Matariki) are visible to the unaided eye. You can see the stars almost all year long, however it is only when they rise again in the moon of plenty/Tangaroa that it signals the start of the Māori New year and Matariki is usually celebrated.

Matariki is a time for whānau and friends to reflect on the past, celebrate the present and plan for the future, and with the public holiday this year - our staff were encouraged to do just that.

Autumn/Winter appeal update

Helping young people to overcome adversity

In our Autumn/Winter appeal we shared the story of 18-year-old Maria* who had suffered tragic loss, and as the result of a difficult home life, she left school with no qualifications.

This is when our Youth Service entered the picture. With Youth Coach Stacy's support and encouragement, Maria was able to turn things around.

Maria has since achieved so much, including gaining essential qualifications and starting an apprenticeship. The situation could have been very different for Maria if our services weren't available to help guide her.

We are so grateful to all of our amazing supporters who have donated \$11,000 so far to this appeal. It means we can continue to support other young people like Maria to overcome adversity and provide them with opportunities for success.

Whilst \$11,000 will go some way to helping us provide our services, we are short of reaching our \$20,000 target. Thank you to those who have already donated, it really is appreciated. If you haven't yet donated, and would like the opportunity to support our work - simply complete the donation form in this newsletter or donate online at www.psuppersouth.org.nz/donate.



Thank you!

*Name and image has been changed to protect privacy

National Volunteer Week - our shining stars

Aotearoa recently celebrated National Volunteer Week/Te Wiki Tūao ā-Motu between 19-25 June. Our Family Works mentors and Enliven programme volunteers are vital to the work we do, so here we shine a spotlight on just a few of our wonderful Enliven volunteers.

Alannah Campbell

Alannah recently won a Volunteer Recognition Award for her exceptional achievements! She has been volunteering at one of our Enliven Tōtara Clubs for seven years.

Alannah generously volunteers 10.00am-4.00pm, four days per week and is a fantastic support with morning tea and lunch service, as well as helping club members to play games.

Alannah says the best part of volunteering is “meeting other people” and it has positively changed her life.



Wayne McLean

After Wayne attended the Positive Ageing Expo to find out what he could do following retirement, he decided to offer his services as a van assistant for our Enliven day programmes.

As well as volunteering, Wayne's other retirement project is becoming more proficient in playing the saxophone. After some encouragement, he kindly agreed to play a few tunes for our Enliven day programme members. We're very lucky to have Wayne as part of the Enliven team.



Rosie McLennan

Remarkably, Rosie has been volunteering with Presbyterian Support for 21 years! Whilst visiting our Enliven Harakeke Club she was asked if she'd like to volunteer and hasn't looked back since.

Rosie says the people are what she enjoys most about volunteering “It's an enjoyable workspace.” She also said it has helped her to demystify Alzheimer's disease and dementia.

Her advice to those thinking of volunteering is “Do it!” She says “There are lots of reasons why volunteers give their time, and those reasons are recognised here at Presbyterian Support.”



"Volunteers are priceless! They reflect compassion, unselfish caring, patience and aroha for one another" - Roni Jordan, Volunteer Coordinator & Regional Support

enliven
Positive Ageing Services

Volunteers urgently needed!

Help us make a difference in the lives of others

We are in urgent need of day programme volunteers, as well as minivan drivers and assistants in all of our regions, to help support our Enliven programmes.

A regular, small amount of time each week could make a huge difference to the people we care for.

To find out more about becoming a volunteer please contact:

Roni Jordan

P. 0800 477 874 or 03 261 2889

E. ronij@psusi.org.nz



www.enlivenuppersouth.org.nz

Pink Shirt Day

Staff and Enliven members across the region rallied together to support anti-bullying for Pink Shirt Day on Friday 20 May. There were morning teas, quizzes and plenty of eye-popping pink!



Yes! I would like to help

Your gift will help vulnerable children, families/whānau and older people so that they are safe, strong and connected.

\$20

Can pay for a petrol voucher for a parent to attend a parenting course to help their child with anti-social behaviour



\$50

Can pay for snacks and lunch for an Enliven member at one of our day programmes



\$150

Can help a child, suffering from trauma, receive vital counselling



\$250

Can help a young person, with poor eyesight, receive an eye test and reading glasses



\$

I would like to give a gift to support the work of Presbyterian Support



Name

Address

Phone

DOB

Email

Donor ID

(see envelope label)

☐ Visa

☐ Mastercard

Card number

Name on card

Expiry date

Signature

POST TO: Presbyterian Support, Freepost 60373, PO Box 13171, Christchurch 8141

Thank you!

There are many wonderful organisations who help our communities by giving grants and donations during the year and we're tremendously grateful to all of them. Find them at psuppersouth.org.nz. As a charity we rely on this financial assistance to support vulnerable children, families/whānau and older people as we work towards a just, compassionate and inclusive society.

Ways to donate

Website

psuppersouth.org.nz/donate

Bank Transfer

Banking online or in person at your bank, you can make a donation by depositing money into our account.

Account: 06-0801-0678233-01

Particulars: Your address

Code: Your donor ID (if known)

Reference: If you would like to nominate your region to donate to please include it in this field (optional)

Credit Card

(Visa and Mastercard only)

Complete the donation form and post to Presbyterian Support, Freepost 60373, PO Box 13171, Christchurch 8141. All donations are receipted. Gifts over \$5 are tax deductible. NZ Charities Register #CC21765. Your privacy is important to us. Please visit www.psuppersouth.org.nz/privacy-statement for information about how we collect and look after your personal information. Asking for your date of birth will help us get to know you a little better so we can communicate with you as effectively as possible.

Getting to know our people



Gemma Whiting is a social worker who puts others before herself. She's part of our wonderful team in Ashburton/Hakatere.

What do you do?

I'm a community family worker, budgeting social worker, social worker in schools and I'm an Incredible Years facilitator.

What does that involve?

I've been very blessed with

numerous opportunities, creating a diverse role, which has meant I've been able to work with people of all ages in a variety of situations.

As a community family worker, I complete social work assessments and work with people to help them reach their goals. This might include helping them manage their emotions and their self-esteem, looking at their personal safety, helping them access community services or helping them be better parents.

As a social worker I hope to help people as I believe every person should have the opportunity to have a sounding board and a place of refuge, which I try to provide.

Tell us a bit about yourself

I'm a wife, a daughter and a mum to our fur baby, Ernie. I'm also a social netball player, an F45er (exercise junkie!) and I help at New

Life Church. I love being part of the Ashburton community and having the mountains in our backyard. I see the need for children and young people to have a blend of social work support and adventure in the outdoors, so I hope to develop skills in this area to help the children in our community to grow in resilience, persistence and character while having fun at the same time!

What's your favourite pastime?

I love the beach, hiking trails, the sunshine and lying in the hammock. In 2021 I trained and completed my first Spring Challenge Adventure Race. This was both a mental and physical test, so I've signed up to do it all again this year!

Tōtara for now

Dale Filer says farewell after 15 years

Retiring from her role at our Nelson Enliven Tōtara Club, after 15 years' service, Dale was fondly farewelled

by Enliven staff and members at a morning tea. Each of the Enliven Tōtara Club members coloured a heart and added a word related to love. Dale's colleague Sue Richards turned these into a beautiful montage as a memento for Dale to treasure.



A royal treat

Celebrating the Queen's Jubilee in Nelson

Enliven Tōtara facilitator Natasha, dressed to impress last week for the Queen's Jubilee. She served high tea to members of the Tōtara group in Nelson. One of the members, Les, can be seen here thoroughly enjoying the occasion and the delicious strawberry jam tarts, yum!

