



**Presbyterian
Support**

Upper South Island

ANNUAL REPORT

2024-2025



Enliven Familyworks Āwhina Mai





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* To protect the privacy and dignity of the individuals we support, some names and photos throughout this report have been changed.

Enliven



- Group day programmes - Tōtara Club
- Dementia day programmes - Harakeke Club
- Counselling & social work
- HomeShare - a variety of social meetings for small groups

At **Enliven**, older people get the support they need to stay connected and live well in their communities.

Our Tōtara Clubs offers older people a chance to socialise and share their interests. Harakeke Clubs offer similar support for people living with dementia, while giving their carers a rest. HomeShare brings people together in a private home or community space, to share connections and companionship.

Āwhina Mai



- Counselling & professional support
- Group programmes
- Corporate wellbeing

For over 115 years, we've delivered practical support shaped by compassion, equity and inclusion.

As a registered charity, community support enables us to uphold mana and ensure those we serve are safe, resilient and connected.

Our **Family Works** team is dedicated to creating safer, stronger, and more connected whānau and communities. By empowering the entire whānau, we ensure that children, youth, and families can grow and thrive together.

Our services are tailored to meet the unique needs of whānau, building on the strengths they already have. Informed by research and evidence, we support people to reach positive solutions.

Familyworks



- Parenting & group learning programmes
- Counselling & social work for children and families
- Mentoring programmes
- Youth support

Āwhina Mai is a social enterprise of Presbyterian Support Upper South Island. The name Āwhina means to help and care, while the logo, featuring a koru and heart, represents growth and care.

We offer therapeutic support, parenting programmes, corporate wellbeing and professional development. Each service is designed to enhance mental health and resilience.

Message from our Board Chairs

With pride and humility, we present this year's report on behalf of the Board of Presbyterian Support Upper South Island (PSUSI). People remain at our centre: whānau who trust us with their stories, and the kaimahi who walk alongside them.

Over the past year we have grown as a Te Tiriti o Waitangi dynamic organisation, co-governed and co-led, with Tangata Whenua and Tauīwi voices shaping decisions at every level. This strengthens our mission and keeps our vision clear: thriving whānau, connected communities, and equitable outcomes across the Upper South Island.

We are especially proud to appoint Joseph Tyro as our first manawhenua representative Board member. This milestone affirms our commitment to whakapapa-based leadership and tangata whenua decision-making. Joseph brings deep insight, connection, and mana.

Guided by Kaimana Korowai – Our Values, we uphold Kaitiakitanga across our mahi, deepening partnerships, investing in our people, and practising careful stewardship in a complex funding environment. Our focus remains culturally grounded practice, quality services, and impact felt by tamariki, rangatahi, whānau, and kaumātua.

To our kaimahi and volunteers, ngā mihi nui. To our partners, funders, donors, and supporters, thank you. To the whānau we journey with, your courage guides us.

We look ahead with commitment to co-leadership, continuous learning, and actions that bring our mission to life. As kaitiaki, we will protect and uplift the mauri of our communities and shared future.

Ngā manaakitanga,

Sharyn Roberts – Tumuaki Tangata Whenua, Co-Chair & Andrew Johnston – Tumuaki Tauīwi, Co-Chair



A path of healing and redress

Presbyterian Support Upper South Island (PSUSI) is supporting survivors of the former Little Acre Children's Home in Christchurch, which it sponsored from October 1969 until its closure in 1979. PSUSI is proactively tracing former residents, many with disabilities, to offer wellbeing checks and support survivors and their whānau on a pathway to redress and healing. Please see our website for further updates.

Kaimana Korowai Our Values & Ways of Working

Tikanga
Guardianship
Protection
Conservation

Kotahitanga
Togetherness
Sharing
Support

Aroha
Unconditional
Love
Kindness

Whakawhanaungatanga
Connections
Heritage
Relationships

Kaitiakitanga
Custom
Values
Protocol



Our People



25,847
hours were
gifted by **207**
volunteers to
support our
services

168 staff
members
across the
Upper South
Island

71
support
services across
five regions

**"Our volunteers are
incredible! We are
so grateful to the
kind people who give
their time and care."**

Roni - Regional
Volunteer Advisor

Serving our community

An equitable, compassionate
and inclusive society.
Kei te tae ana ki te ngākau -
Achieving a heart of love.



3,551

Family Works clients



1,317

Enliven clients



164

Āwhina Mai clients

Enhancing the mana of whānau
to be safe, resilient and
connected.

Whiria ki te tangata -
Weave the people together.

Key Financials

Results at a glance

\$000's	2024/25	2023/24	2022/23
Revenue	12,615	10,409	8,890
Expenses	12,649	11,632	10,219
Operating Surplus/(Deficit)	(34)	(1,223)	(1,329)
Non Operating Income	2,432	1,819	1,950
Net Surplus/(Deficit)	2,398	596	622
Total Assets	52,694	50,141	49,252
Total Liabilities	1,948	1,792	1,499
Equity	50,746	48,349	47,752

The following information has been extracted from the audited financial statements which can be made available upon request.

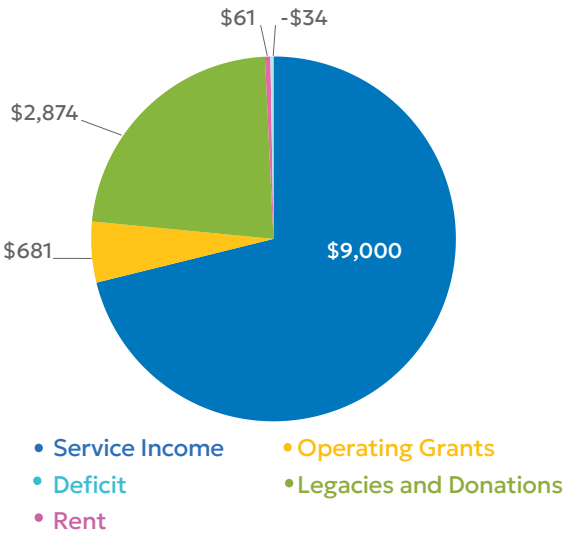
The Financial statements for the year ending 30 June 2025 show an operating deficit of \$(34) thousand compared to a deficit of \$(1.22) million last year.

This deficit has been supported by non operating income totalling \$2.43 million. This is made up of investment income and capital grants leading to an overall surplus of \$2,397,666 compared to a surplus of \$596,270 last year.

The first chart shows total operating income and the level of deficit funding provided by the organisation. The second chart shows the breakdown of the statement of financial position as at year end.

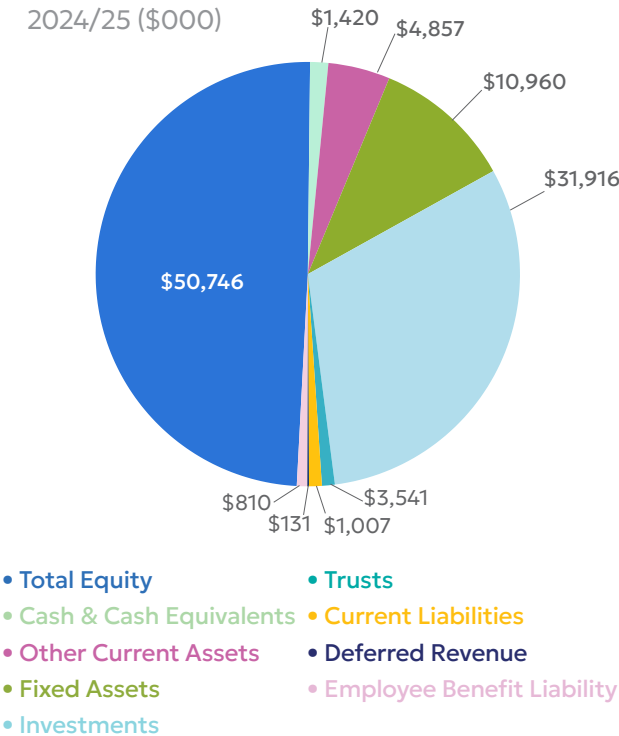
Total PSUSI Operating Income

2024/25 (\$000)



Statement of Financial Position

2024/25 (\$000)



Family Works
at a glance



937
Children
and youth
clients

465
Parenting
support
clients

3,551*
people
supported

93%
people
met their goals
receiving our
services

95%
people
felt better
prepared for
the future

93%
people
learnt new skills
or strategies
that are useful

756
Group
learning
clients

1669
Social
work and
counselling
clients

"It was extremely helpful.
Giving me the tools to
better myself.
To see it through my child's lens.
To work with the other parent.
To be child focused."

Penni* -
*Parenting Through Separation
programme participant*

* A number of people participate in multiple services across Family Works.



Lila's starry story

Family Works Mentoring

When Lila's* Mum got sick, everything became quiet and filled with uncertainty. At just nine years old, Lila, who loves animals, dancing to Taylor Swift, and playing netball, started to withdraw as her mum's health declined.

Sadly, when her mum passed away, Lila felt a mix of emotions and initially some relief. As the first anniversary of her mum's death approached, her grief resurfaced, making it hard for her to find joy in the things she once loved.

Our social worker, Dayle*, stepped in, recognising that Lila needed extra support. While helping her work through the complex emotions of grief, Dayle realised Lila needed more than professional guidance - she needed someone she could personally connect with.

A special connection at the right time

Finding a mentor who understands and shares a young person's passions can sometimes be a challenge, but in Lila's case, the match was almost immediate. Her mentor, Ellie* who met with Lila weekly, also loved animals and brought a sense of fun and excitement to their time together.

This connection became a vital source of support for Lila as she continued to cope with her loss. Ellie* quickly became a shining light in Lila's life, encouraging her to embrace her interests and helping her navigate her emotions.

As Christmas approached, a time that was especially hard for Lila since it had been her Mum's favourite season - Dayle knew it was important to create a meaningful way for Lila to remember her Mum. Together, they crafted a special star decoration for the Christmas tree using materials Dayle had sourced. The star wasn't just a simple ornament, it symbolised a connection to Lila's Mum.

Whenever Lila misses her Mum, she goes outside and blows a kiss to the stars, finding comfort in their glow. Now, the star on her Christmas tree serves as a gentle reminder that her mother's love is still shining down on her.

Lila and Ellie continued to meet regularly, with their bond growing stronger over time. On days when sadness felt overwhelming, they would step away from heavy conversations and simply enjoy each other's company. They would dance to Taylor Swift, letting the music lift their spirits, or played games like Uno or Snakes & Ladders to lighten the mood.

Lila discovered that while it's okay to feel sad, joy and connection can still find their way back. With Ellie's support, Lila found hope, realising that even in the darkest times, friendship and understanding can bring light.

Enliven at a glance

Enliven

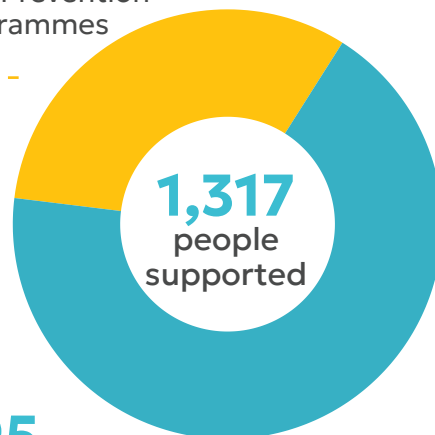
**97%
people**
enhanced their
quality of life

**85%
people**
improved
their social
functioning

**77%
people**
improved
their social
connections

422 Community living clients

includes social work,
grief counselling, and
Falls Prevention
programmes



895 Day programme clients

includes our Tōtara and Harakeke clubs,
and 13 HomeShare groups
(dementia and social).

Our Enliven Community

We provide a variety of community programmes that are tailored to meet the needs of older people and their families. We take pride in supporting older people with their independence and wellbeing.

"The atmosphere, it's just good.
We laugh, we cry. It's a friendly place
to be. Seeing happy people, and we
are very well treated."

Fran*, Christchurch Harakeke Club

More than just a cuppa

Enliven dementia support

Through close collaboration with South Island agencies, staff, volunteers, and local communities, we've created meaningful weekly gatherings for people with dementia.

These gatherings foster new friendships and help reduce feelings of isolation, with connections extending beyond the HomeShare days. In rural areas like Golden Bay, Havelock, Hokitika, and Reefton, small groups meet in warm, welcoming spaces - whether in a community hall or a local's home.

In Havelock, the Pelorus Area Health Trust, which hosts the group in the community lounge, provided fencing so attendees could safely enjoy the outdoor space.

Regular donations of seasonal food from whānau and the wider community enrich the gatherings. For example, a family sent in citrus fruit, and the group turned it into delicious marmalade. Sharing tips and recipes, they made several jars that were sold at a local charity shop.

Two people in the group, who have known each other for over 60 years, had the chance to reconnect, making the experience even more special.

In Reefton, the programme has been a lifeline for people like Margaret* and John*. Each Thursday, one of our wonderful volunteers drives Margaret to Alice's* cosy home, where she's welcomed with tea and a friendly game of 500.

HomeShare continues to evolve, with tailored support for younger onset dementia and marae-based groups for kaumātua, ensuring each community's unique needs are met. Socialising, chatting, and participating in meaningful activities stimulate the mind and improve the quality of life.



"The hosts are fantastic. They make you so welcome, it feels like you are one of the family. The company of the other people is excellent.

I'm so pleased that I am involved."
Heather HomeShare group member*

Our Dementia HomeShare programme isn't just about supporting those with dementia, it's about strengthening communities.

Alice, a HomeShare host, sees firsthand the joy these gatherings bring. "I love hosting, and it's wonderful to see how much these afternoons mean to everyone. It reminds me we're all part of a caring community."

Our Supporters

Thank you to the generous support of our donors, including our Change Champions, Bequestors, Grant Funders and Charitable Estates.

Perpetuals

The CG Tate Charitable Trust
Estate of Dorothy Blanche Smith
Estate of Iris Utterson-Kelso
Estate of Lydia Brown Charitable Trust
Estate of Helena Francisca Gevan
Ian Glassey Fund
J A Macpherson
Charitable Trust McGruer Fund
The Philip Brown Fund
Robert Malcolm Trust
Social Services Fund
St Andrew's Family Trust
Selwyn District Council
Tindall Foundation
Trevor Wilson Charitable Trust

Bequestors

Estate of Gordon Mervyn Kelly
Ian D Grierson

Thank you for supporting children, youth, whānau, and older people, ensuring they remain safe, resilient, and connected.

Organisational Donors

Cashmere Presbyterian Church	Dig It Move It
Lincoln Union Church	Foodstuffs Community Trust
Ashburton New Life Church	Harry's Building Services
Inner Wheel Ashburton	Placemakers
Kindness Collective	Variety
Lions Club of Beavertown	Hinds Cooperating Parish
Blenheim	Mayfield Parish and Charitable Trust
Nelson Host Lions Club	Presbyterian Women
Rangi Ruru Old Girls' Association	Aotearoa NZ
Rangi Ruru Girls' School	Rangiora John Knox Parish
Rotary Club of Papanui	St Andrew's United Church Westland
Rotary Club of Riccarton	St Luke's Union Parish
Rural Livestock Limited	St Mark's Parish
2degrees NZ Limited	St Ninian's Presbyterian Church
ANZ Ashburton and Timaru	Tony Shepard
Change Real Estate	The Village Presbyterian Church
Collins Mitre 10	Sir John Hall Charitable Trust
Duncan Cotterill	Wallace Family Trust
Evolution Vets	
J Ballantyne & Co. Ltd	
St Andrew's College	

Grant Funders

Alpine Presbytery	Lottery Grants Board
The Blackadder Trust	Maurice Carter Charitable Trust
Christchurch City Council	Music Helps
Department of Internal Affairs	Pelourus Trust
Farina Thompson Charitable Trust	Pub Charity Ltd
George Brown Charitable Trust	Redwood Trust Incorporated
George Sevicke Jones Estate	RG & EF MacDonald Trust Board
Grey District Council	Selwyn District Council
Jones Foundation	Tindall Foundation
Kiwi Gaming Foundation Limited	Trevor Wilson Charitable Trust
Lion Foundation	West Coast Community Trust
	Wilks Charitable Trust

Proudly Serving the Upper South

Phone: 0800 477 874
Email: ps@psusi.org.nz

Nelson

360 Annesbrook Drive, Stoke

Family Works clients - 651

Enliven members - 171

- Social Workers in Schools
- Family Dispute Resolution
- Parenting programmes
- Counselling & Social Work
- Transition to Adult Service
- Youth Service
- Harakeke & Tōtara Club
- HomeShare

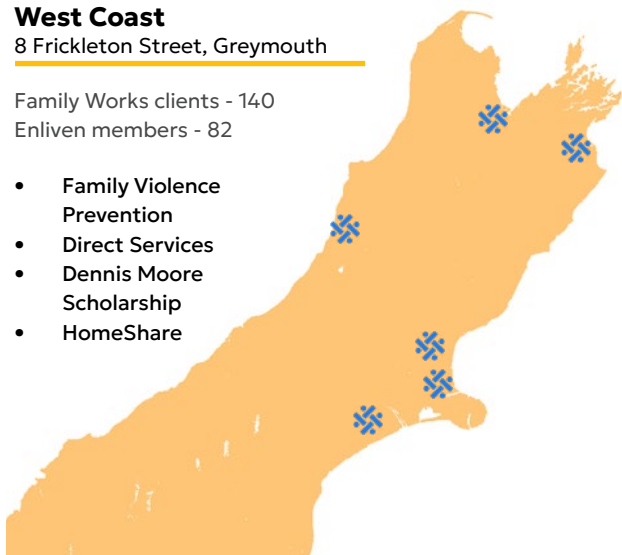
West Coast

8 Frickleton Street, Greymouth

Family Works clients - 140

Enliven members - 82

- Family Violence Prevention
- Direct Services
- Dennis Moore Scholarship
- HomeShare



Mid-Canterbury

Trevor Wilson Centre - 215 Tancred Street, Ashburton

Family Works clients - 529

Enliven members - 107

- Social Workers in Schools
- Parenting programmes
- Children's group programmes
- Elder Care Canterbury
- Counselling & Social Work
- HomeShare

Marlborough

22 Alfred Street, Blenheim

Family Works clients - 179

Enliven members - 81

- Social Workers in Schools
- Transition to Adult Service
- Youth Service
- Mentoring
- Tōtara Club
- HomeShare

North-Canterbury

Ngawi Thompson Building - 258 High Street, Rangiora

- Family Dispute Resolution
- Social Workers in Schools
- Parenting programmes
- Counselling
- Elder Care Canterbury
- Kaiāwhina
- Falls Prevention
- Tōtara Club
- HomeShare

Āwhina Mai clients - 164

Family Works clients - 2,052

Enliven members - 876

Christchurch and North Canterbury client numbers have been combined.

Christchurch

Te Korowai - 44 Bealey Ave

Āwhina Mai, Elder Care Canterbury & our Linwood Harakeke Club are based at 601 Gloucester Street, Linwood. Our Tōtara and Riccarton Harakeke Clubs are located at 7 Harakeke Street, Riccarton.

- Social Workers in Schools
- Family Dispute Resolution
- Parenting programmes
- Counselling & Social Work
- Direct Services
- Mentoring
- Youth Service
- Elder Care Canterbury
- Harakeke & Tōtara Club
- Kaiāwhina
- Fee based counselling
- Corporate Wellbeing programmes
- ACC Sensitive Claims Counselling



Supporting people to thrive

Presbyterian Support Upper South Island is a registered charity that relies on the generous support of individuals, groups, and organisations to sustain our essential work in the community.

Get in touch

Phone 0800 477 874

Email ps@psusi.org.nz

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