



Ashburton Parenting Week

2021

Together we can Thrive

CALENDAR OF EVENTS MARCH 1ST - 7TH

MONDAY 1ST	TUESDAY 2ND	WEDNESDAY 3RD	THURSDAY 4TH	FRIDAY 5TH
<p>10am-1pm: Baby clothes/toys swap, take, give Community House; Rakaia Room</p>	<p>10am-12pm: MoneyMates – Budget Advice Service.* Hinds Co-operating Parish St David Presented by Presbyterian Support</p>	<p>10am-12pm: MoneyMates – Budget Advice Service.* St Andrews Church State Hwy 1 Rakaia Presented by Presbyterian Support</p>	<p>10am-12pm: MoneyMates – Budget Advice Service.* St John rooms Methven Presented by Presbyterian Support</p>	<p>9.30am-11.30am: Parent2Parent Coffee & Connection Group. The Phat Duck Café A support group for parents of children with disabilities, special needs or health impairments.</p>
<p>10am-12pm: Mother4Mother Breastfeeding Support Group Plunket Rooms, 222 Cameron Street</p>	<p>11am-2pm: Keeping my Brain Healthy workshop.* Community House, Rakaia Room Pup Chamberlain from Lives Worth Living.</p>	<p>11.30am–1.30pm: Autism NZ – presentation and morning tea.* Community House, Rakaia Room</p>	<p>1pm-3pm: Family Works - Parenting Strategies Workshop.* St John, Forest Drive, Methven Presented by Presbyterian Support</p>	
<p>10am-12pm: MoneyMates: Budget Advice Service.* 215 Tancred St Ashburton Presented by Presbyterian Support</p>	<p>11am-12.30pm: Everything you ever wanted to know about Oranga Tamariki – a Q&A with light refreshments.* Hakatere Marae</p>	<p>11am–12.00pm: Becoming a Carer information session - light refreshments provided. * Hakatere Marae</p>	<p>5.30pm-7.30pm: “Looking After Mum” workshop.* Community House, Cass Street, Ashburton Presented by Zalie Doyle from the Stork Network</p>	
<p>1pm-3pm: Family Works: Parenting Strategies Workshop.* 215 Tancred St Ashburton Presented by Presbyterian Support</p>	<p>1pm-3pm: Family Works - Parenting Strategies Workshop.* Hinds Co-operating Parish St David Presented by Presbyterian Support</p>	<p>1pm-3pm: Family Works - Parenting Strategies Workshop.* St Andrews Church State Hwy 1 Rakaia Presented by Presbyterian Support</p>	<p>6.30pm-8.30pm: “Is this Normal?” The all about behaviour workshop.* Methven Resort, 51 Main St Presented by Anna and Dean from Real Parents.</p>	
<p>7pm-9pm - Understanding & supporting teenagers with anxiety and depression.* Ashburton College Auditorium Presented by Michael Hempseed</p>	<p>6.30pm-8.30pm: Behind the Screens.* Ashburton Event Centre, Bradford Room Presented by James Beck from Attitude. Sponsored by the Mid Canterbury Principals Association.</p>	<p>6.30pm-8.00pm: Understanding Anxiety in Children.* Ashburton Event Centre, Bradford Room Presented by Sandy Hitchens</p>		
				<p>SATURDAY 6TH</p> <p>10am-2pm: Pasifika Health Day. Healthy lunchboxes and measles vaccinations. Venue: Hampstead Rugby Clubrooms</p> <p>9am-1pm: Parent Talks Ōpuke: Helping Families Thrive.* Multiple expert parenting speakers. Venue: Methven Resort, 51 Main St</p>
				<p>SUNDAY 7TH</p> <p>10.30am-2.30pm: Children’s Day Celebrations FREE ENTRY Plains Railway Museum Tinwald</p>

All events are free but some require tickets to attend * = ticket bookings required for this event

BOOK FREE TICKETS AT: www.waitaha.health.nz/parenting-week/

